



Troop 170 Day Hiking

Gear Checklist

Pack as light as possible. Use the following list as a guide.

10 Scout Essentials.

Backpack

- All your items **MUST** be able to be packed in or attached to your pack – no loose items.
- Line your backpack with a heavy---duty garbage bag.
- Store personal items in Ziplock or Dry bags to provide an extra measure of protection from weather.

Clothing

- Synthetic, (not cotton is best).
- Wear long pants (strong recommended).
- Wear hiking boots or sturdy hiking shoes. **NO CROCS OR OPEN TOED SHOES**
- Pack rain jacket or poncho where you can get to it quickly.
- Extra Clothes (Depending on Conditions)
- Recommended to pack a lightweight jacket or sweatshirt.
- Recommended to wear a hat or cap.

Food & Water

- Water Bottle.
- Extra Disposable Water Bottles.
- Trail Snacks.

Gear

- Bug spray.
- Sun Screen.
- Headlamp with extra set of batteries.
- Pocket knife.
- Personal first aid kit (see page 108 of Scout Handbook).
- Compass.

Optional

- Trekking pole.
- Water Treatment Gear.
- Trail Stove.